Withdrawal Notices are due 30 days in advance of your child’s last day of attendance in the centers. Tuition is charged for 30 days once the notice is received. Withdrawals are to be submitted the website at https://fsu.qualtrics.com/jfe/form/SV_1MoXBhtcRD3d8kR

Parent Column
Contact directors if you wish to submit a column for the newsletter. Submissions due a month in advance on the 15th.

Requests for posting tuition early
If you have a special circumstance that requires your tuition to be posted prior to the 1st of each month please email your request including when you need the tuition posted and the reason for early posting.

Tuition Rates.
Tuition rates are assessed according to parent status. Non-refundable registration fee $20 upon enrollment and each Sept. 1, thereafter. Tuition is calculated on 44 weeks of care divided over 12 months. Tuition is due on the first day of the month; late by the 10th day.

School Readiness Subsidies.
Parents will be responsible for paying the full amount of tuition at the stated rate above before the 10th of each month. Any subsidies from the School Readiness Program will be applied as a credit to your account for the upcoming month when it is received from the agency. School Readiness Program provides tuition assistance to eligible families who are working and/or attending school for a minimum of 20 hours per week.

Make sure your child has an appropriate change of clothes in his/her cubby for the changing weather. Thank you.
**Hours of Operation**  
Monday–Friday  
7:30 AM–5:30 PM

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**Menus:** [http://childcare.fsu.edu/For-Parents](http://childcare.fsu.edu/For-Parents)  
**Online Comments/Suggestions Box**  
https://fsu.qualtrics.com/jfe/form/SV_8A44fzs9taRgnnn

The Little Noles is a monthly publication of The FSU Child Development Programs, 157-01 Herlong Drive, University Housing, Florida State University, Tallahassee, FL 32310-4174, (850) 644-7970.

The information contained herein is considered adequate notification of activities, tuition notification and policies and procedures. The Little Noles is also available in alternative formats upon request. Material submitted for publication must be typewritten and submitted by the 15th of each month. The Little Noles is distributed to the parents of The FSU Child Development Programs, selected university administrators, staff, and support personnel.
Saturday, April 29
11:00 AM

FSU Childcare Recreation Hall
169 Herlong Drive (Behind the Children’s Center)

*Food and Refreshments to follow program
It is hard to believe that another semester is quickly coming to an end. And that means for many of you stress. Whether you are a student preparing for finals or faculty, uh, preparing for finals, finding ways to balance work, school and family life is a must.

First and foremost, it is important to take care of yourself. With the many roles you assume it is easy to spread yourself too thin.

EAT. Eating healthy, exercising and getting enough sleep are crucial to keep you on your game. Green leafy vegetables, turkey breast, oatmeal, yogurt and blueberries, just to mention a few, are great to boost satiation, mood regulating neurotransmitters, immune systems.

EXERCISE. Exercise is crucial to maintaining your mental fitness as much as your physical fitness. It improves your ability to sleep and produces natural painkilling chemicals in the brain.

SLEEP. Remember when your child is having a mental meltdown because he/she missed their nap? The same goes for adults. Getting enough sleep makes handling stress easier.

Get on a routine. Following a routine creates predictability and a sense of control. Getting your kids on a routine may be stressful but in the end you all will benefit.

RELAX. Really? Finding time to wind down and relax is a must. Just a few minutes of unplugging can leave you rejuvenated. Breathing deeply and concentrating on your breathing is a quick way to reduce stress in small windows of time. Focusing on your breathing allows you to concentrate on the moment and not the million of other things going on around you.

FUN. Probably the most important is to make time to have fun with your children and family. Most student and working parents often express guilt about the amount of time or lack of time spent with their family. When they are with their family they are thinking about the other things they have to do. When they are studying/working they are thinking about their family. Take the time. In the end you will never look back and regret the time with your family, wishing you had worked more instead.

To all, we salute all of your hard work. We are rooting for you behind the scenes! You can do it, just take it one step at a time!

Tiffany Karnisky
Assoc. Director
Deby Vargas received her degree in Early Childhood Education and has been teaching since 2005. She currently teaches three, four and five year old children at the FSU Children’s Center. Deby says that she chose to work with children because “not every day is the same. I feel loved by the children and I admire the children’s endless energy, honesty. I have patience for children more than I have for adults. I love their curiosity. The children’s huge smiles are contagious and they bring a smile to my face.”

Deby says that her role model is her grandmother who “is and will always be my role model, because she inspire me to be like her or better than her. She is the reason why I chose to work with children. She was the best preschool teacher ever.”

“As a teacher my goal is to get to know them well, to be able to figure out what their desires are, and to provide them with learning materials (books, toys, etc.) that will help them to learn with more enthusiasm.” Deby states that she inspires children to learn by showing how enthusiastic she is about teaching. “I want them with me, that learning is fun and that they can count on me. I encourage them to express how they feel and make good choices, because learning is just not just about the ABC’S but also to learn how to control their emotions. I reward them with special things as simple as stickers and I make sure to tell them how much I appreciate the efforts.”

What is your favorite…
- Movie- Grown ups/Adam Sandler
- Children’s Book- Dr. Seuss
- Animal- Dolphin
- Color- Purple
- Food- Salads
- Thing to do- Draw, paint, dance, play, watch soccer with my children, arts and crafts with my daughter, and just be a happy, crazy Latina

Pura Vida!
the bookshelf
Why Are Libraries Essential?
Submitted by Bill Stacey

April 8th to the 14th is National Library Week. Take a few minutes to visit and support your local public library. We also have several fine university libraries in our town. You may wonder do we really need libraries when we all have our smartphones. Below are just a few reasons:

- Libraries are portals to all of the world’s knowledge. And librarians make sure that knowledge continues to be recorded and saved for the future, even as information-storage devices and formats change.
- The information kept in libraries helps everyday people start their own small businesses, which helps grow the economy.
- If libraries are not essential, then why have some of the world’s smartest and richest people (such as Andrew Carnegie and Bill Gates) poured their time and money into them?
- There is much more to doing real research than typing a few words into a search engine such as Google. Librarians are trained to do high-level research, which supports scientists, doctors, lawyers, professors, writers, government officials, and other important professionals every single day. Without the aide of librarians, all of these people would be making decisions without having all of the relevant knowledge they need on their topics.
- Librarians offer basic computer classes for anyone who want to get up to speed without paying for long-term, expensive classes.
- Libraries are economically efficient. Their model of sharing allows them to serve many people with few resources. And they often join to create consortia in order to buy hardware, software, and information at lower group prices. Libraries often have exceptionally high rates of Return on Investment; some have been measured at more than 600% ROI. (See one example at http://www.mtlaurel.lib.nj.us/valuinglibraries.pdf. There’s a long report at http://www.clpgh.org/about/economicimpact/CLPCommunityImpactFinalReport.pdf; see pg #10, which is pg 15 of the pdf.) This means that librarians are excellent stewards of public monies; they use their budgets carefully and get the most value out of every dollar. Contrast this to the way many corporations waste money.
- Many public libraries offer after-hours homework help, via online services that they subscribe to in order to support students’ learning.
- Librarians have always been major defenders of intellectual freedom, long before most people even knew what it was. This means that they are watchdogs on topics like free speech, copyright, privacy, and the right to know what governments and corporations are doing. They and their associations lobby for these rights and fight alongside other citizens to preserve them. (http://www.aclu.org/national-security/librarians-speak-out-first-time-after-being-gagged-patriot-act; http://motherjones.com/politics/2008/09/americas-most-dangerous-librarians http://www.ifmanual.org/)

Continued on page 15
From Kirkus Reviews
Can "the silliest monkey ever seen" share a birthday...with Earth Day? It's April 22, and everyone in the jungle—the big lion, elephant, crocodile and even the pith-helmeted snake—is celebrating Earth Day with a day full of planned ecological events. Who should swing into view but Monkey, declaring, "It's not Earth Day! It's my birthday!" Viewing him mostly as a nuisance, the others offer to include him in their projects. The flamingo is planting a row of tiny trees, the zebra is picking up litter, the hippo shops with cloth bags, the tiger is composting and the giraffe sorts bottles, cans, paper and glass for recycling. But the heedless Monkey, while lending a hand, keeps repeating his mantra: "It's not Earth Day! It's my birthday!" Even the lion's roar—"Give me a break!"—doesn't put a dent in Monkey's certainty. And he just may have a point. When he shows all the other animals the yummy birthday cake his mom made for him, everyone is immediately converted. Monkey blows out the candles, and all the animals yell, "Hooray! It's Monkey's birthday AND it's Earth Day!" Wright keeps the verse crisp and bouncy while including an impressive number of ecological activities and a nice variety of animals. Kim's bright pictures combine paper, photographs, and colored pencils. Breezy, with a valuable message tucked inside. (Picture book. 3-5) -March 2012
Source: Amazon.com

One boy's quest for a greener world... one garden at a time. While out exploring one day, a little boy named Liam discovers a struggling garden and decides to take care of it. As time passes, the garden spreads throughout the dark, gray city, transforming it into a lush, green world. This is an enchanting tale with environmental themes and breathtaking illustrations that become more vibrant as the garden blooms. Red-headed Liam can also be spotted on every page, adding a clever seek-and-find element to this captivating picture book.

"The art is spectacular and the book might inspire children to engage in small projects to improve their own neighborhoods."—School Library Journal, starred review

Source: Amazon.com
In the month of April, our themes will be bunnies, Easter eggs, chicks, April showers, Earth Day, and gardening. Some of our art projects will include hand print bunnies, a marble paint Earth, puffy clouds, and flowers. The books we plan on reading this month are *The Little Gardener* by Jan Gerardi, *Earth Day Every Day* by Lisa Bullard, *The Tiny Seed* by Eric Carle, and *Where Are Baby’s Easter Eggs* by Karen Katz. During this month Mrs. Taylor and Ms. Marissa will begin working on developmental assessments for the children in our class based on their age. We are currently in the process of choosing a new developmental assessment; as a result, we will complete the assessment we are familiar with working with called *The Ages & Stages Questionnaire* by Diane Bricker and Jane Squires. Once completing the assessments, Mrs. Taylor and/or Ms. Marissa will set up a time for a parent teacher conference. During the conferences we will discuss where your child is developmentally, any concerns we have, and answer any questions you
may have. This will also give us the opportunity to pinpoint exercises and activities parents can do at home to keep their child developmentally on track.

As the hotter weather approaches in Tallahassee, please make sure to dress your child in appropriate clothing and has an appropriate change of clothes in their cubby!

Ms. Sue’s Classroom

I hope everyone enjoyed their spring break and acquired some well-deserved rest and quality time with their families. In the month of March, we made rainbows, bugs and butterflies. We went on a nature walk and saw all kinds of bugs. We saw bumblebees, ladybugs and butterflies. For art we made marble paint bumblebees, coffee filter butterflies and we glued black dots on a red circle for a ladybug.

Spring is moving right along and now we are on April showers bring May flowers. For the month of April, we will be making all kinds of art. We will do crafts that include April showers, Earth day, Easter (bunnies and chicks) and gardening. We will have an egg hunt at school and have a class party hiding eggs and eating sweet treats. We will read, On Monday When It Rained By Cherry! Kachenmeister and Come On, Rain! By Karen Hesse. We will sing, If all the raindrops... and It’s Raining It’s Pouring. We will play in the water table and make mud pies for messy play.

We will be working on the color blue as well. Some things you can do at home to help your child learn their colors is by talking about what color shirt, shorts and shoes they are wearing. Talk about what you see outside, the green grass, the blue sky or what color car you see while driving.

Ms. Jennifer’s Classroom

March’s recap goes something like this… we celebrated St. Patrick’s Day with listening to Celtic music and wearing green. We explored the world of bugs and butterflies with outdoor adventures and art projects.

Now to “HOP” into April! I am so excited to announce all the fun activities we will be doing in April. We will have lots of fun with an Egg Hunt on Friday April 14th, lots of beautiful art, and an egg basket matching game. *JUST A SMALL REMINDER* if each family would bring in 6 plastic eggs by Thursday April 13th we would appreciate it. In this month we are totally going crazy with science!! We are doing an eggstremely fun experiment with walking on egg shells, transparent eggs and a bouncing egg. Moving into the rest of the month with Earth Day!! We are going to plant a flower and watch them grow in our garden area. We are also going to grow seeds in a jar and talk about the rate that each child’s seeds grow. When we do this we will read “How A Seed Grows” by Helene Jordan and “The Tiny Seed” by Eric Carle.

In the world of math, we will explore matching with numbers. We are going to match seeds to flower pots, plastic eggs with numbers, and matching colored eggs. This will be a very exploratory month for sure. Can’t wait to see what is coming in the next month!

Until then…

Ms. Stephanie’s Classroom

The end of the semester is here and we cannot believe it! It feels like just yesterday we were getting started and now we are preparing for summer! In March, we explored the new season, reptiles, and dinosaurs. We really enjoyed making our own fossils in Art and watching our dinosaur eggs hatch in
Science! We also met our class pets Anna, Elsa, Sven, Storm, Cindy, and Fish Stick the caterpillars. We cannot wait for them to turn into butterflies! Our Letter Bucket letters included V and W. Everyone is doing a great job bringing in items to share with the class.

In April, we will focus on flowers, trees/shrubs/Arbor Day, farms, and Earth Day! We have some awesome activities planned. In Science, we will plant flower seeds and watch them grow before transplanting them outside. In Dramatic Play, we will take turns caring for the class cow and riding the tractor. We will also learn how to milk a cow! Some of the books we will read this month include Pearl Plants a Tree, A Year on the Farm, and Ben’s Flying Flowers. Our Letter Buckets letters will be K and X.

Thank you to all of the families that participated in Parent-Teacher Conferences! They were a huge success!

**Ms. Deby’s Classroom**

In March

In honor of Dr. Seuss’ Birthday, we read a lot of books about him and we had a super wacky dress up day. We discussed the importance of reading books, and how to take care of them. We read the following books: The Food book, Abc’s book, Hop on Top, Green eggs and Ham, The Cat in the Hat. We learned about Presidents day, we explored, and counted money. We pretended work at a bank. We celebrated St. Patrick’s Day, we reviewed the colors. We made a rainbow, a Leprechaun, and painted a Shamrock. The children loved to talk about dinosaurs, and we learned where they come from.

In April

April showers bring May flowers! So we will be talking about the season of Spring and how the Earth warms up causing new plant growth in Spring. We will talk about Earth Day (April 22). What is Earth Day? When is it celebrated? Earth Day includes learning about recycling, and talking about ways we can keep the Earth clean. Along with this theme we will also talk about Arbor Day (April 24) and the importance of trees! We will celebrate Easter Day! We will use this theme to learn about eggs and how some animals are born from an egg, we will read the book “Chickens are not the only ones” by Ruth Heller, and we will learn about sequences by learning the life cycle of a chicken. We will have fun making Easter bunny hats, decorating an egg, painting trees and flowers and so much more.
Music can incorporate multiple subjects into one.

Music is a science.

Through music, we can teach different frequencies of each note, for instance “Concert pitch” A is 440 hz. Through music, we can learn about different tones, vibrations, and sounds an instrument makes due to its physiological features. For instance, the different tones and sounds between a violin and an upright bass. A violin has a high pitch due to the small body and thin strings and a bass has a low pitch due to big body and thick strings.

Music is mathematical.

Counting beats in a measure: 1-2-3-4, 1&2&3&4&, etc. When exposed to music, our brain automatically calculates the meter within a song. If a musician adds an extra beat, or subtracts an extra beat, our brain notices the subtle changes in meter.

Music is history.

There is so much history behind every piece of music. Lullabies, symphonies, hymns, instrumental, vocal, etc all have a background that we all can learn from.

Music is language.

Music is not limited to one language. Music is a universal phenomenon. Every culture, every tribe, every ethnicity, has had some kind of music that communicated their own culture.

Music is physical education.

Music requires coordination of fine/gross motor skills, oral skills, and other muscles such as around the chest, stomach, etc. Music is one of the few stimuli out there that incorporates both hemispheres and multiple lobes of the brain, at once!

Music is social.

Music brings people together! Jazz musicians can enter a room and without having met each other before, can make beautiful music without saying a single word. Through music, we do not have to connect with another person by talking. We can connect with another person by making music together.

Music is ART!

One piece of music can be interpreted in countless ways. No two musicians will perform the same piece of music exactly the same. Music promotes self expression. When words fail, music speaks.
Traveling with Infants & Toddlers
By Dana O’Connor

Summer is here, time for Vacation and visiting family and friends. Here are some tips on traveling with Infants and Toddlers to make your trip a smooth one.

1. First and foremost, PLAN ahead. Make lists of all the things you will need for your child while you are away from home.
2. While on your trip it is important to keep routines as normal as possible. Infants and Toddlers need to have the structure that they are used to. Parents should not bend the rules just because they are away from home. Try to maintain your child’s sleeping habits.
3. Feed your child before departure to avoid discomfort and irritability.
4. Keep favorite toys, books, and songs on hand for entertainment. If possible have a new bag of toys for your child to enjoy while traveling. Finger puppets are most enjoyable for you to play with your child.
5. Bring along child proofing equipment to ensure safe accommodations.
6. If flying, sucking is essential. Remember to pack something for your child to suck on during take off and landing. The sucking motion will help your child’s ears. This might be a pacifier, bottle, or sippy cup.
7. Pack plenty of diapers and a change of clothes for you and your child. Estimate one premium diaper for every hour of travel. They are better so you won’t need to change as often.
8. Bring plenty of wipes and one or two cloth diapers to help clean up messes.
9. Plenty of plastic baggies to store dirty clothes, diapers, and clean outfits.
10. Bring blankets or cover for the baby’s crib. The feel and smell are familiar and that will help your child feel at home.

Remember, Vacations are supposed to be fun, and with proper planning, yours will be.
• Librarians have actually saved lives by providing information to doctors who were dealing with difficult cases.
• Only a tiny fraction of the world’s information is available for free on the internet. But all of it is available through libraries.
• Librarians are the original, and still the best, search engines.
• Libraries have always been “green,” because they purchase a limited number of items that many people can share. For instance, people can borrow DVDs, magazines, and books rather than every person having to buy his or her own copy. Likewise, people can use shared computers, photocopiers, fax machines, and even meeting rooms.
• Libraries serve a vital social service by helping bridge the gap between the haves and the have-nots, especially when it comes to literacy and computer skills training.
• Libraries offer services and products that level the intellectual playing field. That means that they allow people of any income level or background to access high-quality information, to use computers, or to borrow what they want. The existence of libraries ensures that knowledge and technology are available to everyone, not just to those who can afford their own. This is more than charity work; this helps raise the education levels of society as a whole.
• Studies have shown that the presence of libraries is good for towns and cities; people find more value in areas that have libraries nearby. And they have rated libraries higher than other public services in professionally conducted polls.

Libraries have been around for 5,000 years. If they were not essential institutions, they would have died out long ago. (The first ones appeared in what’s known as the “fertile crescent” or “cradle of civilization” in Southwest Asia, according to The Library: An Illustrated History by Stuart A. P. Murray. [http://www.alastore.ala.org/detail.aspx?ID=2643])

• Libraries change lives. In fact, they do it so well and so often that there has been an annual Libraries Change Lives Award in the U.K. since 1992. (http://www.infotoday.com/mls/sep09/Clark.shtml; http://www.infotoday.com/mls/jul05/dye.shtml)

• Libraries are spaces where people of all ages can practice lifelong learning.
• Some say that the internet and e-books make libraries unnecessary. But they haven’t made bookstores unnecessary, have they?

From Other Sources
• The Atlantic published an editorial called “Rethinking Government: Why We Need Library Rental Fees” on July 21, 2011. On July 27, it published a response from ALA Executive Director Keith Michael Fiels called “Why We Need Free Public Libraries More Than Ever.” The many comments on both pieces showcase how people feel about public libraries, both positive and negative.
• ALA has a web page called “Tough Questions and Answers” that includes suggested responses to questions such as “Won’t computers and the Internet put libraries out of business?” and “With all this new technology, why do we even need librarians these days?”
• There’s a post on the Douglas County (Colorado) Libraries website from director Jamie LaRue that contains “7 Arguments for Building New Libraries.” While this is about constructing actual buildings, some are broad enough to cover why libraries matter overall.
• SLA has a page on the Value of the Information Professional. It includes this: “Information professionals play a unique role in gathering, organizing, and coordinating access to the best available information sources for the organization, understanding the critical need of turning that information into usable knowledge.”
• SLA has a list of Value Resources that includes links to reports, abstracts, and articles about how special librarians deliver value to their parent organizations.
• American Libraries magazine published a new version of an old article called “12 Ways Libraries Are Good for the Country.” It has good reasons and nice quotes you can use for presentations, signature files, etc.
• The Vancouver Sun published an article called “Public Libraries: We Need Them More Than Ever” written by the chairwoman of the Vancouver PL’s board. Two of its great quotes: “Indeed the development of the Internet – far from threatening libraries as some opponents of public services wishfully want us to believe – has created a whole new need for libraries, librarians, and the information management and facilitation services they offer.” and “Having a public library contributes to the development of

Continued on page 18
Tomb Sweeping Day is a traditional Chinese festival to remember and honor one's ancestors. Both the young and old pray at their ancestors at their grave sites, sweep the tombs and leave offerings of food, tea, wine, chopsticks, etc. Among farmers, some carry willow branches or put them on their gates or front doors, which is believed to ward off wandering evil spirits.

Passover is a seven day Jewish festival which celebrates the Israelites fleeing from Egypt about 3300 years ago. Passover is called such because the Israelites marked their door frames with a sign. It is believed because of this sign God passed over their houses during the plague of the firstborn. The Israelites were servants from the days of Jacob until Moses. They lived through famine in most of Mesopotamia, including Israel. The Israelites built store cities for grain in Egypt (possibly, the pyramids). After 210 years of servitude in Egypt, the Israelites had become 'servant-minded' and did not believe that they could flee. They fled via the Wilderness of Sinai, where they resided for forty years.

Holy Friday, or Good Friday is observed as the day that Jesus was crucified. This day is celebrated in a number of different ways, from taking down the cross in the Orthodox faith to recounting the story of Jesus' last days, which is called the Passion of Christ. For many churches, Good Friday is the final service of Holy Week, following Holy Thursday and Palm Sunday. Other churches hold an Easter Vigil on Saturday night to bring the light of Christ back into the church. One tradition on Good Friday is to make and eat hot cross buns. The bread, which is slightly sweet, has a cross on the top that represents the crucifixion. It is thought to be an English tradition that dates back 500 years.

Earth Day seeks to bring attention to and promote efforts dedicated to the protection of the environment. This day started as a US observance in 1970 as a way to bring about awareness of ecological problems. Today, it is celebrated by billions of people around the world and is observed in over 190 countries. In 2009, the United Nations gave their approval and support. Worldwide, Earth Day celebrations utilize educational programs to inform people of ways they can help protect the environment and our natural resources. It is observed on April 22nd and is celebrated as International Earth Day.

Arbor Day is a celebration of trees and their importance to providing shelter, stabilization for the ground, and beauty to the beholder. While Arbor Day is a US holiday, several other countries have adopted similar observances including Japan, Australia, Korea and Yugoslavia. In 1970, President Richard Nixon declared Arbor Day a federal holiday and it is observed the last Friday in April each year.

The first Easter service for the year is the Service of Light. The worship typically starts in darkness on the preceding Saturday night or early Sunday morning. Light is brought into the church with candles to signify hope based on the resurrection. The service culminates with the lighting of a paschal candle, signifying Christ. Easter eggs represent new life and also symbolize the shape of Jesus' tomb. The colors for Easter are white and gold. Easter lilies are popular decorations in American churches. These white blooms are one of the earliest flowers to bloom in the spring and symbolize beauty, purity, and holiness.
5 Ways to Set Limits

By Eleanor Reynolds
Submitted by Beth Roberts

The goal for setting limits is to give as much responsibility as possible to the child. One contrast between rules and limits is that rules require the adult to take most of the responsibility. The adult must make the rules, enforce the rules, and apply some kind of punishment.

Limits, however, require the child to accept responsibility for her own behavior and limits never require punishment. This is why limits contribute to the normal development of the child's independence. With that in mind, here are the five ways to set limits. They are interchangeable so you can choose the method that best suits each situation and each child.

The I-MESSAGE, this is the most desirable way to set limits because you express your feelings as a problem. The child is expected to respond in a positive way. There are three parts to an I-MESSAGE: your feelings, what's happening, and the reason why you are concerned. For example:

- **It scares me when I see you climbing on the table (your feelings) (what's happening) because it's not strong and you could get hurt. (the reason)**
- **Or I can't read the story with so much noise (the reason) (what's happening) and I feel frustrated. (your feelings)**

We set limits to:

1. Assure the safety of each child and adult
2. Prohibit the destruction of materials and equipment
3. Assure that kids take responsibility for their actions
4. Assure equal and respectful treatment of all people

**Giving Information**

When you give information, use an informative tone of voice without scolding or threatening.

- **It's time to get ready for lunch.** (wait for response)
- **The toys get put away.** (wait for response)
- **I can't take you to lunch until the toys are put away.** (always follow through firmly)

**Natural or Logical Consequences**

These are an outgrowth of the child's behavior and the consequence must follow the behavior immediately. A consequence should never be a punishment or a message that says I told you so!

- **Looks like your milk spilled; here's the sponge.**

**Using Contingencies**

This is when a second action depends on a first action being performed. A contingency usually begins with the word when. This statement tells the child what you expect and what will happen when he complies.

- **When your puzzle is put away, you may play with another toy.**
- **When you've finished screaming, you may come back into this room.**
- **When your shoes are on, you'll be ready to go outside.**

**Making Choices**

These work especially well with children who are strong willed and in need of a great deal of control. Giving choices eliminates power struggles and 'NO' answers.

- **You may wear the yellow boots or the blue ones (but you must wear boots when it rains).**
- **You may walk to get your diaper changed or I can carry you (but your diaper gets changed).**
- **You may play quietly indoors or go out and be noisy.**

**The 'Last Resort' Method**

When you try everything and the child continues to harass (purposely tease, hurt, destroy) remove the child from the situation, have him sit apart until he's ready to play without harassing and let...
him decide when to return. If he repeats the behavior tell him, 'You thought you were ready, but you're not, so you'll need to sit until you are.' This is not 'time out' because the child is always in control.


Image: http://static.qatarliving.com/post/2015/10/06/Preschoolers-cleaning-up_full_size_landscape.jpg

Libraries, continued from page 19

human capital and the social infrastructure of the community.”

- In response to a June 2012 post on Forbes.com that said “The low pay rank and estimated growth rank make library and information science the worst master’s degree for jobs right now,” ALA President Maureen Sullivan wrote a reply that detailed the value of all types of librarians. She began with “While it is true that for some individuals [profit and growth] are the principal focus, for librarians the primary motivation is job satisfaction derived from the opportunity to make a significant difference in the lives of others. Librarians find fulfillment in their work because they provide essential services for patrons of public, school, college, university and other libraries.” Sullivan gives various examples of librarians doing vital work for the public good.

Source: http://www.librariesareessential.com/why-are-libraries-essential/
APRIL 2017

family friendly events

TABLETOP TUESDAY
APR 4 (TUE) | 6:00 PM | ASLC CYBER CAFE

DOCTOR STRANGE
APR 5 & 6 (WED & THU) | 7:15 PM IN 3D & 10:15 PM
APR 7 (FRI) | 7:15 PM IN 3D

ROGUE ONE: A STAR WARS STORY
APR 13 (THU) | 8:00 PM | OUTDOOR SCREENING
APR 14 (FRI) | 7:00 PM | SLC MAIN THEATER
APR 15 (SAT) | 7:00 PM & 10:15 PM | SLC MAIN THEATER

A MONSTER CALLS
APR 20 (THU) | 7:30 PM & 10:15 PM
APR 21 (FRI) | 7:30 PM

NOLES PLAY FOR CHILD'S PLAY
A GAMING CHARITY EVENT
APR 22 (SAT) | 10:00 AM | ASLC MAIN THEATER, 101’S, & CYBER CAFE
### April 2017

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
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<td><strong>Tuition due</strong></td>
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<tr>
<td>Michael</td>
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<td>Tomb Sweeping Day (China)</td>
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<tr>
<td>Palm Sunday</td>
<td>Late fee Passover begins (Jewish)</td>
<td>Ms. Dana</td>
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<td>Good Friday Holy Friday (Ecuador)</td>
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<tr>
<td>Aliyah</td>
<td>Yue</td>
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<tr>
<td>Easter</td>
<td>Passover ends (Jewish)</td>
<td>Ahmed</td>
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<td>Earth Day</td>
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<td>Noah</td>
<td>Yue</td>
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<tr>
<td>Holocaust Remembrance Day</td>
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<td>Administrative Professionals Day</td>
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<td>Maya</td>
<td>Leila Ethan</td>
<td>FSU Childcare Spring Musical 11:00 AM Rec Hall</td>
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<td>Evan</td>
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